

## A contest between trainers and trainees

✖ Today, the role of sports in the formation of a healthy lifestyle in our society, the right and effective organization of youth's leisure time is remarkable. Physical education is increasingly entrenched in the lives of students, since health and wellbeing of the person is a means of physical development and leisure.

Associate Professor of the department of Irrigation and Melioration Adkham Mamataliyev and assistant Javlon Ishchanov have organized an interesting tournament on table tennis among the 1st year students in the 3rd students' dormitory. Together with the team of students, a team of coaches participated in the competition. This has attracted great interest from students.

The competition was held in a very friendly atmosphere. It is possible to say that the participation of teachers in the competition was a good example for the students. This meeting is a little impetus for students to bring closer to sports.

Report by associate professor A.Mamataliev

R.Jumaniyozov, the press secretary of the institute